

**United Food and Commercial Workers Unions  
and Participating Employers  
Health and Welfare Fund**

911 Ridgebrook Road  
Sparks, Maryland 21152-9451  
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(800) 638-2972  
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**AUTHORIZATION  
FOR RELEASE OF PROTECTED HEALTH INFORMATION**

I, \_\_\_\_\_, hereby authorize the \_\_\_\_\_  
Health and Welfare Fund to disclose my health information as described in this authorization (please fill  
in the name of your Health and Welfare Fund. If you are not sure, leave blank and be sure you have  
noted your Social Security Number on the next page -- the Fund office will fill in the Fund name for you).

(1) *Identify specific person/organization (for example: Jane Doe, or UFCW Local 400) or class of  
persons (for example: "all physicians"), to whom the Fund is authorized to disclose the information.*

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(2) *Describe the information to be disclosed by the Fund:*

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(3) *Purpose of Authorization:* I am requesting that my information be disclosed for the following  
purpose (or, if you do not wish to state a purpose, please state "at the request of the individual"):

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(4) *Expiration of Authorization.* This authorization will expire: **[choose and complete one]:**

On the date my coverage under the Fund terminates.

Other specific date: \_\_\_\_\_

Upon the occurrence of the following event: \_\_\_\_\_.

*I understand that the expiration date or event must be related to me or related to the purpose  
of the use or disclosure (for example: "when my claim is resolved").*

(5) *Right to Revoke:* I understand that I have the right to revoke this authorization at any time by  
notifying the Fund in writing at: Privacy Official, Fund Office, 911 Ridgebrook Road, Sparks, MD 21152. I  
understand that the revocation is only effective after it is received by the Fund. I understand that any  
use or disclosure made prior to the revocation of this authorization will not be affected by the  
revocation.

(6) *Potential for Re-disclosure:* I understand that after the information described in (2) above is disclosed pursuant to this Authorization, federal law might not protect it, and the recipient might re-disclose it.

(7) *Right to Copy:* I understand that I am entitled to receive a copy of this authorization.

(8) *Voluntary:* I understand that I am under no obligation to sign this form. I acknowledge that I am voluntarily signing this form to release my health information to the party I have designated.

(9) *Benefits Not Conditioned on Form:* I understand that the Fund may not condition treatment, payment, enrollment or eligibility for benefits on receipt of this authorization form.

I have had an opportunity to review and understand the contents of this form. By signing this form, I am confirming that it accurately reflects my wishes.

\_\_\_\_\_  
Date

\_\_\_\_\_  
Individual's Signature

\_\_\_\_\_  
Individual's Social Security Number

**Individual's Address and Phone Number**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

***Personal Representative Section***

If a Personal Representative executes the form on behalf of the individual, the Personal Representative warrants that he or she has the authority to sign this form on the basis of:

A power of attorney for health care purposes, notarized by a notary public (copy attached).

A court order appointing the person as the Individual's conservator or guardian copy attached).

An un-emancipated minor child's parent.

Other: \_\_\_\_\_

***NOTE: This authorization will not be effective unless you provide all of the information requested.***